Winter 2011

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The Men's and Women's Cross Country Season Review: The Hilbert men's cross country team finished another season with a core group of committed runners blended with a few new experienced athletes to give first year head coach Geoff Brungar a nice welcoming season. Brungar provided the consistent teaching and preparation for his veteran squad and challenged them to push farther than ever before. The women's cross country team showed signs of promise and a solid base for the future teams to come. Although a few of the harriers may have changed from race to race, Brungar designed workouts to prepare the women's team for the 5K and 6K races they participated in weekly. The Hawks trained every day and raced on weekends in anticipation of the AMCC championship meet at the end of October at Beaver Island State Park (Grand Island). Eight dedicated male runners ran the 8K race and brought home a ninth place finish while the women's team went with five runners for the 6K event, also bringing home a ninth place finish October 29.

Hilbert's top male runner was sophomore-transfer Matt Williams (Orchard Park, NY/Orchard Park). He led the Hawks in all the races he competed with his best 8K time of 33:29 at the CCOC meet held at Seneca Lake State Park. Challenging for second place all year were senior Matt Hunt (Holbrook, NY/Centerreach). Lawrence trained with a hip injury all season, but ran for the Hawks when she was able. Seniors Jillian Cohen (Kenmore, NY/Kenmore West) and Jackie Downey (Boston, NY/Immaculata Academy) also joined the team in October with Downey becoming the team's consistent number two runner.

Multiple times during the fall, the other Hilbert out of season athletes dressed and ran with the cross country team. The women used this as a conditioning opportunity for their upcoming winter and spring seasons and their contribution was invaluable to the athletics program.

The remaining Hawks brought great senior attitudes and work ethic to the team. Pat Lagueras (Rochester, NY/Charles Finney), who used the fall season to physically prepare for the spring baseball season, ran a 38:30 in the championship race. Paul Coleman (Buffalo, NY/Bishop Timon-St. Jude) and Steven Crane (Williamsville, NY/Williamsville North) often trained together and motivated each other during the long races. Crane carved minutes off his times over the course of the season (eight from the first race to the 52:24 AMCC time), while Coleman struggled with knee problems, but pushed through the pain.

Rounding out the roster were Cameron Haag (Niagara Falls, NY/Niagara Wheatfield), and Lenny Messina (Lake Grove, NY/Centerreach). Due to scheduling issues, Haag didn't run with the team until the last four races in October. He was able to drop almost three minutes off his first time at the Medaille Invitational (Beaver Island State Park) to the AMCC championship race. Messina ran early in the season giving the Hawks support in September. With only one returning runner on the squad, Coach Brunger put together a group of female athletes to compete weekly for the women's team.

Freshman Maria Linares (Buffalo, NY/Lackawanna) was the team's most dependable runner all season. The rookie led the Hawks each race and earned her first 1st place finish at the Hilbert Invitational October 20. Her 24:01 was Linares' best 5K time ran at the Behrend Invitational. She capped three minutes off her 6K time running a 28:35 which was good for a 20th place finish at the AMCC championship race at the end of the season. The 10-team race was dominated primarily by Francisca and Penn State Behrend.

Freshman Kiara Hilario (New York, NY/New Heights Academy Charter), and junior Stephanie Smith (Waterloo, NY/Waterloo) came strong at the end of the season for the Hawks. Hilario dropped eleven minutes off her first 6K race on October 8th to the AMCC championship final meet. Smith struggled with a hip injury all season, but ran for the Hawks when she was able. Seniors Jillian Cohen (Kenmore, NY/Kenmore West) and Jackie Downey (Boston, NY/Immaculata Academy) also joined the team in October with Downey becoming the team's consistent number two finisher.

The Hawks continue to train year round with the expectation of establishing a solid cross country program at Hilbert College. Coach Brunger looks forward to advancing the cross country programs with his first recruiting class in 2012.
The Golf Season Review: Under the leadership of first year head coach Andy Dvornski, the Hilbert College men's golf team approached the 2011 season as a rebuilding year. Dvornski’s golf knowledge and patience was just what the Hawks needed as they learned the game, as much as the mechanics, in preparation for future years.

Hilbert competed in five matches throughout September, including the second annual Hilbert Invitational hosted at Gowanda Country Club. The Hawks ended their season with a trip to the AMCC Championship tournament, hosted by Oak Tree Country Club (Middlesex, OH) during the second weekend in October. Senior Pat Brooks (Orchard Park, NY/Orchard Park) was the top golfer for Hilbert in 2011. Brooks’ best finish was 3rd place, shooting an 80 (par 71 course) at the Spartan Shootout (D’Youville College). Other golfers for the Hawks were: seniors John Nowak (Hamburg, NY/ Frontier) and Jim Pernick (Tonawanda, NY/St. Joseph’s Collegiate Institute), juniors Gary Gawera (Eden, NY/Eden) and Mitch Rojek (Hamburg, NY/Frontier), and sophomores Dave Grigsby (West Valley, NY/West Valley) and Joe Pernick (Tonawanda, NY/St. Joseph’s Collegiate Institute).

As a team, Hilbert’s highest finish was 6th place at the Spartan Shootout, where they also posted their lowest score of the season, shooting 383 at Tri-County Country Club (par 71). In the final match of the season, at the AMCC Championship tournament, the Hawks took 10th place with a 772 overall score on the par 71 course for the two-day event.

Coach Dvornski will build on the experience from this season as he develops a determined group of contenders.

The Men’s Soccer Season Review: With Hilbert’s first-year coach Jeff Panik leading the way, the men’s soccer program showed signs of real growth as the 2011 season progressed. Though no team is ever satisfied with their final record, unless they win a national championship, coach Panik and his Hawks should be excited about the future of the program. His team played to win games and physically challenged opponents from start to finish. The leadership on and off the field from the four graduating seniors will be missed next season, but their void opens the door for the continued growth in a strong core group of returning players.

Hilbert opened the season with a road game at Keuka College before they returned to Hamburg for a long-stretch of home contests. They struggled to find their 2011 team identity early on but finally understood they were a talented bunch of players if they played focused with a purpose of capturing a win. Wells College, Grove City College, and NAIA Daemen College all took victories on the Hawks’ home field. After Elimira, the blue and white came storming back late in the game and pushed to the final horn before losing 2-1. Then three days later, cross-town rival Buffalo State escaped with a 2-1 come-from-behind victory to end the Hawks’ home-stand stretch. Hilbert and Morrisville State played to a 2OT tie then the Hawks suffered a road loss to Thiel. In their last non-conference game of the season, Hilbert traveled home from a night game at Alfred University with a shutout loss.

Allegheny Mountain Collegiate Conference (AMCC) competition began with the 2OT home loss to Pitt-Greensburg in late-September. Franciscan hosted the Hawks in a mud bowl taking the home field advantage to the max. Pitt-Bradford and D’Youville took away road wins in hard fought games. The Hawks earned their first win of the season at home against Mount Aloysius in a hard fought battle. In the last four contests the Hawks’ defensive players were constantly on the hot seat facing the offensive push from La Roche, Penn State Behrend, Penn State Altoona and Medaille College.

Graduating seniors were Ed Heffron (Williamsville, NY/Cardinal O’Hara), Eric Russell (Hickory, NC/Iroquois), Scott Walker (Rochester, NY/Bishop Kearney), and David Walkow (West Seneca, NY/West Seneca East). Heffron’s senior season was cut short due to recurring concussions and his never-back-down attitude on defense was hard to replace. Russell and Walkow started and played almost every minute of each contest they dressed for their senior year. Their leadership and maturity carried the team over the course of the season. Walker rejoined the team after a year away from soccer and as a back-up goalie earned .703 save percentage his senior year.

Offensive leaders in 2011 were Ed Sarcione (Eden, NY/Eden) who earned 9 goals (4g, 1a) followed closely by Russell with 8 points (3g, 2a). Walkow and junior Andy D’Amico (Akron, NY/Canisius High School) each netted one goal and passed for one assist each, just ahead of junior Greg Zitnik (Hamburg, NY/Frontier) who finished with one goal. Juniors James Knapp (Lockport, NY/St. Mary’s of Lancaster) and goal keeper Kamil Cisak (Lancaster, NY/Lancaster) were credited with the teams other assists on the season.

Hilbert’s midfielders saw most of the action panning on defense and pushing the ball forward to the front line. Sophomores Ed Minkel (Hamburg, NY/Hamburg), Yonis Osman (Buffalo, NY/Riverside) as well as Russell and Walkow logged many minutes on a regular basis.

Defensively, the core players protecting the net were juniors Knapp, Scott Cvetkovski (Cheektowaga, NY/Depew) and Tom Cheney (Phelps, NY/Phelps), as well as freshman Tyler Coniglio (Kenmore, NY/Kenmore East). Cisak finished 1-4-1 with a .708 save percentage. Walkow played in 6 games and took the teams other two losses for the season.

Blending the returning athletes with his first class of incoming class of dedicated athletes, coach Panik looks to build a successful program with expectations of finishing as one of the top teams in the AMCC in future years.
The Women's Soccer Season Review: The women's soccer team made a seamless transition to Kelly Starchok-Gillow, the first-year head coach who brought a new attitude and approach to the program. Hilbert matched their win record from the 2010 season seven games into the 2011 season and their 7-10 finish bettered the previous mark by three victories.

The Hawks opened their 2011 season with a weekend trip to Hiram College and the University of Mount Union. After they returned home from Ohio, Hilbert went on a three-game tear beating Wells, Penn State Beaver and Alfred University. The Blue and White then traveled to northern New York for a single game against Clarkson University. They, again, went on another three-game victory tour with games at Chatham and Thiel and their first home Allegheny Mountain Collegiate Conference (AMCC) league game against Pitt Greensburg. Once October arrived, the Hawks split AMCC games the rest of the way recording wins over Mount Aloysius and D'Youville and losses to Pitt-Bradford, La Roche, Behrend, Alumna and Medaille.

The women's soccer team takes a big hit and loses six seniors to graduation in 2012. Julie Bossard (Arkport, NY/Canisteo-Greenwood), Alyssa Hubert (Tonawanda, NY/Kenmore East), Jill Martucci (Hamburg, NY/Hamburg), Kayla Norman (Brockport, NY/Brockport), Jessie Roland-Bystrak (East Aurora, NY/East Aurora) and Mary Zinni (Batavia, NY/Batavia) all provided the stable foundation to the new era of the women's soccer program. In 2011, Bossard started 16 of the 17 games but her minutes were shortened as the season progressed due to a nagging knee injury. Hubert once again led the team in goals, points and shots as she moved into 1st place in career shots, 3rd place in goals and assists, and 4th place in points. Norman also made a dent in the career record book by finishing in 4th place in shots, 6th place in goals, 7th place in points and 9th place in assists.

Zinni dabbled as a field player her freshman year but then started in goal every game after since the start of her sophomore year. She finished her four seasons in a tie for 1st place in career shut-outs in net for the Hawks. Roland-Bystrak was more aggressive in her third and final season in 2011. She fired the most shots on frame than her two previous years, yet experienced rewards her freshman year when she beat the opposing team's keeper for her 1st collegiate goal. Playing her first year of college soccer, Martucci started two games and earned 5 points (1g/3a) as a reserve forward.

Offensive leaders were Hubert earning 26 points (11g/4a) and Norman with 17 points (7g/3a). Hubert scored her only hat-trick this season against PS Beaver and, shortly after, was named the AMCC Offensive Player of the Week September 26. Sophomore Sarah Schmidt (Rochester, NY/Irondequoit), an aggressive player who missed four games because of a broken nose, scored 3 goals (9 points) in a shortened season. Another sophomore, who unfortunately experienced a season-ending knee injury, was Robbi Bailey (Saranac, NY/Saranac). The speedy forward earned 3 points in the four games she played in the beginning of the year.

Providing quality support, without securing any points on the offensive line were Amber Bailey (New Berlin, NY/Unadilla Valley), Breana Cline (Sodus, NY/Sodus) and Maria DelMonaco (Orchard Park, NY/Orchard Park). These three players saw significant field time and pressure on offense looking for scoring opportunities for their team mates.

The Hawks rotated players around the field based on their needs against that day's opponent. Providing a defensive/offensive punch were four defenders who all found the back of the opposing team's net. Nicole Blair (Syracuse, NY/East Syracuse Minoa) was the fourth leading scoring on the team netting 3 goals (8 points) and right behind her were Rebecca Elenoky Rochester, NY/Greece Olympia), Amber Grosch (Depew, NY/Depew), Katie Newton (Elba, NY/Elba) and Megan VanNorman (Mt Morris, NY/York) with one goal each.

Other players whose contributions did not show in the stat sheet were defenders Kateland Ball (Hammondsport, NY/Hammondsport), Jessica Morey (Gloversville, NY/Maplefield) and Nicole Estep (Barker, NY/Barker). They served as the protector to Zinni in net and helped secure the team's four shutouts this season. Zinni made 103 saves (.741) in her final season in net for the Hawks.

Coach Starchok-Gillow is excited about the future of the program. Although she loses core players to graduation, she is confident that her first recruiting class for the 2012 season will raise the bar for the program; she envisions the Hawks becoming a serious contender in the Allegheny Mountain Collegiate Conference.

The Women's Volleyball Season Review: In her third season at the helm, Amanda Logue continues to steer the ship in a forward direction. With the addition of skilled players this 2011 season, the Hawks improved statistically in several categories even though their 6-16 final record doesn't shout progress. Playing two fewer matches than the year before, the Hawks were still able to match the win-total while almost doubling their digs/set and improving their kills/set, and blocks/set. Coach Logue is optimistic about the future of this team since there are no senior athletes who graduate from the program.

The Hawks opened the year 2-3 with three-set wins over Morristown and Alfred. During the course of the season there was a five-point or less differential in 14 sets where Hilbert ended up losing the match. Conference wins were earned over La Roche (3-0) October 1 and a 3-1 match over D'Youville October 26. Oswego State and Alfred dropped matches to Hilbert in Hamburg in the middle part of the season giving the Hawks new life heading into the thick of AMCC league games.

Leading the attack this season were players from each class year. Junior Devan Jonathan (Basom, NY/Akon) earned 111 kills (1.54 k/s) with a .111 hitting percentage for the Hawks while passing for 22 assists. Sophomore Chelsea Reischuck (South Wales, NY/East Aurora) led the team with 2.11 kills/set earning 137 kills and 214 digs while tying Jonathan with 22 service aces. Freshman Jordan Botsford (Penfield, NY/penfield) tallied the second most kills (131) but led the blue and white with 250 digs (3.52 dig/set) after rotating from the outside hitter to libero to middle hitter.

Rachel Kwiatkowski (West Seneca, NY/Orchard Park), a junior middle hitter, finished the season ranked number one on the team with 31 blocks; 16 of her shut-down points were solo swats. Shannon Memminger (Amherst, NY/Sweet Home) was the only player to compete in all 75 sets during the season and she finished with the team's best 50 service aces and .255 hitting percentage (37 kills, 9 errors in 110 attempts) from the setter's position. As the player to touch the ball typically the second hit, Memminger passed for a team-leading 498 assists and averaged 6.64 assists per set. The team's improvement from 6.3 assists per set to 7.4 during the 2011 season indicates a combined timing and teamwork progression in the front line and skill improvement by the hitters over the length of the season.

Other contributors to the team's success were all first year, freshmen players. Kayla Lewis (Greece, NY/Arcadia) earned 69 kills, 189 digs and 13 blocks as an outside hitter over the course of the season. Tiara Thomas (Geneva, NY/Geneva) earned 21 kills and 59 digs while Samantha Robinson (Bolivar, NY/Boliv-Richburg) and Lea Church (Auburn, NY/Dona L. West) both helped where and when they could during the season.

Memminger finished her second collegiate season ranked number one in the AMCC league standings with 0.67 service aces per set and number six in assists per set.
Allegheny Mountain Collegiate Conference Fall 2011 Honorees

First Team All-Conference:

Alyssa Hulbert (Tonawanda, NY/Kenmore East) senior, women’s soccer

All-Conference Sportsmanship Team:

Scott Cvetkovski (Cheektowaga, NY/Depew) junior, men’s soccer
Jill Martucci (Hamburg, NY/Hamburg) senior, women’s soccer
Paul Coleman (Buffalo, NY/Timon-St. Jude) senior, men’s cross country
Stephanie Smith (Waterloo, NY/Waterloo) junior, women’s cross country
Jim Pernick (Tonawanda, NY/St. Joseph’s Collegiate Institute, senior, golf
Shannon Memminger (Amherst, NY/Sweet Home) sophomore, women’s volleyball

Hilbert College Student-Athletes of the Month

September:
Alyssa Hulbert, soccer

October:
Chelsea Reischuck, volleyball
Maria Linares, cross country

November:
Chris Parrott, basketball

Be Sure to Follow Your Hilbert College Athletics Teams on Twitter and Facebook

Find us by logging onto www.hilbert.edu/athletics page.

Then click on the logo you want to visit:

Twitter Facebook

Noteworthy News:

On October 2, the women’s soccer team participated in the Making Strides Against Breast Cancer walk in downtown Buffalo. The American Cancer Society hosts the event annually with thousands of walkers weaving the city streets to raise awareness and money for cancer research. The women’s soccer team directed thousands of people who were enthusiastic and excited to walk for the cause.

On December 3 Woodlawn Beach State Park hosted the 2011 Buffalo Polar Plunge. The Hilbert College Student Athlete Advisory Committee (S.A.A.C.) proudly participated in the annual event.

Participants who raised at least $100 were able to take a dip into the chilly waters of Lake Erie and Hilbert’s S.A.A.C. supplied eleven willing athletes and advisors for the mid-day bath. All proceeds from the Polar Plunge will benefit the Special Olympics.

Hilbert’s S.A.A.C. raised around $700 through pre-plunge donations and the group will continue to take donations through the year. They are already talking about next year’s fundraising goal and increased participation count.

HILBERT COLLEGE
2011 ATHLETIC HALL OF FAME INDUCTEE

Kathryn Dorsheimer ’05 of Long Beach, Calif. – A 10-time individual winner during her cross country career, Dorsheimer is a two-time North Eastern Athletic Conference (NEAC) champion, an Allegheny Mountain Collegiate Conference (AMCC) All-Conference member, a Chi Alpha Sigma New York Theta chapter inductee in the National Collegiate Athlete Honor Society and the female selection of the AMCC Faculty Athletics Representative (FAR) Award in 2005. Dorsheimer is currently pursuing a doctorate in clinical psychology.
HILBERT COLLEGE ATHLETICS
HALL OF FAME GUIDELINES

PURPOSE

To recognize athletes, coaches and/or administrators who have made outstanding contributions to the intercollegiate athletics program at Hilbert College.

ELIGIBILITY CRITERIA

A. Athletes
   • It is suggested that the athlete graduated 5 or more years ago from the college;
   • Attended Hilbert and participated in athletics for at least 2 years
   • Demonstrated superior athletic performance and contributed to the success of the athletics program while at the college;
   • Are of worthy citizenship and a positive role model.
B. Coaches
   • Demonstrated superior competence and professionalism while at the college;
   • Are of worthy citizenship and a positive role model.
C. Administrators
   • Demonstrated superior competence and professionalism while at the college;
   • Are of worthy citizenship and a positive role model.
D. Honorary
   • Do not fit in the above categories but have made a significant contribution to Hilbert College Athletics and/or a significant impact in regional, state, national, professional, or international levels of athletics
   • May include counselors, Faculty Athletics Reps, etc.
   • Are of worthy citizenship and a positive role model

NOMINATIONS

Written nominations will be accepted by Alumni Office at Hilbert College and those nominations will be shared with the hall of fame committee at Hilbert College on an on-going basis. Nominations must be on file before the initial selection committee meeting to be considered for induction in the fall of that year. Completed nominations should include a current resume of the nominee's achievements in athletics, the profession, and civic activities. Candidates nominated for induction remain eligible for five years. Candidates must be present in order to be inducted into the Hilbert College Athletics Hall of Fame. (If deceased, a member of the family must be in attendance at the induction ceremonies)

PROCESS

Hilbert College nomination form must be completed and submitted to the Alumni Office. Person making the nomination must visit the College's website to access the nomination form, complete and return the form by August 31 each year. http://www.hilbert.edu/alumni/alumni-awards