Winter 2012

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HILBERT COLLEGE
Hilbert College * 5200 South Park Avenue * Hamburg, NY 14075
### The Men's and Women's Cross Country Season Reviews:

Starting virtually from scratch, Geoff Brunger was able to pull together a quality team of runners for this 2012 fall season which shows promising signs for the future of the Hilbert women's cross country program. With only one returning athlete, the 2012 Hawks team was loaded with first year runners eager to train and improve their times. In contrast, the men's cross country team had two solid runners returning to lead the new harriers and Coach Brunger was eager to infuse the college training attitude into both squads.

Junior **Shannon Ellis** carried the women's team all season. Her times bettered the Hawks' top runner from one season ago with her personal best 22:07 (5K) earned at the Harry F. Anderson race. Ellis led the Hawks squad that finished 9th out of 10 teams at the AMCC Championships, when she was timed at 28:15 on a very chilly day and on a very hilly 6K course.

Freshman **Miranda Reimondo** was a very dependable runner this fall. She was the first Hawk to cross the finish line in the Meghan Memorial 5K race as she was tracked in 9th place (24:21) overall in Hilbert's annual race.

**Kayla Lansberry, Kateland Ball and Julie Rouleau** trained every day and their improved times reflected their hard work and dedication. **Lansberry** improved her 6K time by the end of the season and her personal best 5K time was 26:02.

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<th>Name</th>
<th>Title / Head Coach</th>
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**The Hilbert Athletics Staff Directory:** All phone numbers (716) area code **e-mail followed by: @hilbert.edu**
Several spring-sport athletes joined the men's cross country team this fall as an avenue to improve their fitness and to test their mental toughness with the long runs. After a strong start to the season, injuries began to take their toll on the team, and training routines changed to help carry the Hawks to the AMCC Championships.

Junior Matt Williams paced Hilbert all season leading the charge four of the five races he competed in. The 31:46 ran at the Harry F. Anderson race was his career personal best and it was the only race he didn't finish as the first Hawk runner this year. Sophomore John Sadowski picked up right where he left off last fall with competitive times and a good kick. Unfortunately a shin injury pained him to the sideline to support his teammates the last three weeks of the season.

Giving the team a big lift was freshman Joshua Walczuk. He challenged Williams every step of the course and snuck by him with a two-second victory at the Harry F. Anderson race (31:44) September 29th. Walczuk was a serious runner and trained hard every day with Williams, using each other as motivation for improvement.

Four spring (two baseball, one volleyball, and one lacrosse) athletes trained this fall in ways they have never trained before. They ran further distances and endured weather conditions they expected to face in the start of their outdoor spring season. Baseball pitchers Tyler Roth (35:15) and Andrew Cartaginese (39:39) earned personal best times early in the season. Rick Landahl, who runs the midfield on the lacrosse team, ran his personal best 36:58 two races into the season and Steve Phillips, the Hawks setter on the volleyball team, competed for the first time in late-October running his 44:54 just before the AMCC Championships.

Also competing were two more athletes from opposite ends of the running spectrum. Senior Kyle Kreigbaum is an accomplished marathoner who joined the team so he could drop down in distance and learn to pick up his pace in the shorter 6K races. He was a consistent runner covering the course in thirty-six minutes three of his four races. Putting down the football and just lacing up his running shoes was freshman Akeem Todd. He worked hard and took to the running routine, posting his personal best of 45:17 in October.

Coaches Brunger and Lisa Arnst are eager for the runners to maintain their training schedule in the off-season. The coaches have a solid base of returning runners for next fall and will continue to recruit dedicated harriers to the program.
Sophomore Ryan Ratajczak proved to be the Hawks most consistent golfer leading Hilbert five of the six matches. His lowest score was an 80 which he blasted on the lower course at Peek ‘N’ Peak (par 72) September 20. He ended the season shooting a 170 at the AMCC championships hosted by Oak Tree Country Club in Middlesex, OH. Other golfers who represented Hilbert in most matches were senior Gary Gawera, freshman Jacob Reinecke, who shot a team best 77 at Peek ‘N’ Peak, and senior Karl Blomback. Junior Ryan Tofil represented the Hawks in four matches with his strongest performance taking place at the AMCC championships and sophomore Jason Tabaczynski dressed twice for the Hawks. Senior Clinton Brown and junior Trevor Schmidt were on the Hawks’ roster and practiced with the team though neither played the course during a scoring match for Hilbert.

As a team, Hilbert fired their lowest score, 333, at the Behrend Invitational (Peek ‘N’ Peak). In the AMCC Championship tournament, which was the final match of the season, the Hawks took 10th place with a 710 overall score on the par 71 course for the two day tournament.

Coach Dvornski is pleased with the individual improvements made by each player this season. Dropping 228 strokes off the team’s score is a great start, but he is really excited to mix-in new recruits with his committed returning players for the 2013 season.

**The Women’s Volleyball Season Review:**
Inside the Hafner, the 2012 women’s volleyball team started strong and held on to finish in a four-way tie for 4th place in the Allegheny Mountain Collegiate Conference league standings. With the team’s nine-game improvement, the 15-10 Hawks also qualified for the program’s first-ever AMCC play-off game. The 2012 team broke ten season records and pushed several players into the top spots in the All-Time career leaders list. For that improvement, the league coaches voted Amanda Logue as the AMCC Coach of the Year and freshman Allegra Johnson was named to the 1st Team All-Conference.

Hilbert opened the season with a 1-1 record after their first date of competition at the AMCC vs. NEAC Challenge. The Hawks then went on a six-game tear to improve to 7-1 before they squared off against Keuka College again. The same result occurred with the Storm over-taking the Hawks and blemishing their record for the second time in nine games (7-2).

Hilbert finished their non-conference slate with an 11-7 record while they moved to 4-5 in AMCC standings. The royal and white took three early AMCC matches from Mount Aloysius, La Roche and D’Youville before they lost to the top team, Penn State Behrend in Hamburg. After traveling to Altoona for their AMCC cross-over matches, Hilbert played eight very-close scoring sets, beating MAC (3-1) and losing to Altoona (1-3). The regular season ended with losses to Medaille, Bradford and Franciscan.
Hilbert finished in a four-way tie for fourth place in the league, but once all the dust settled after all the tie-breakers were evaluated, the Hawks took the final seed in the first round of play-offs. As the 6th seed, Hilbert traveled to Franciscan and ended their season with a three-set loss.

Johnson and Chelsea Reischuck led the Hawks’ offense with 240 and 212 kills. They both tied for points per set with 2.98 on the season. Sophomore Jordan Botsford led the defense rush with 223 digs with blocking help from senior Rachel Kwiatkowski (33). Shannon Memminger passed for 756 set assists and served 62 aces. Senior Devan Jonathan finished her career with 96 kills and second-best 25 assists.

As a team, the 2012 squad set several All Time Season Records. They established new standards in Kills (925), Kills per set (9.64), Attack attempts (3066), Attack pct. (.119), Assists (851), Assists per set (8.86), Service Aces (210), Points (1224.5), and Points per set (12.76).

Individually, several of the same categories were dominated by current players. Johnson earned 240 Kills, 2.61 Kills per set, 744 Attack attempts, and 2.98 Points per set. Memminger set a new Attack pct (.256) as well as 756 Assists, 7.96 Assist per set, and 62 Service Aces.

The All Time Career Leaders board has already been taken over by several of the 2012 athletes. Reischuck became the All Time Leader for: Kills after only three seasons (534), Attack Attempts (1795), and Points (679). Memminger owns the Assists (1697), Assists per set (6.76), and Service Aces (152) also after only three seasons. Kwiatkowski became the All Time Block Assist Leader with 56 and she and Devan Jonathan became the All Time matches Played leaders at 93 over the course of their four-year career.

Coach Logue needs to fill a few holes left by the graduation of Kwiatkowski and Jonathan and will shore up her defense with the goal of challenging for the AMCC championship.

Thank you seniors for leading your 2012 women's volleyball team into the program's first ever AMCC Play-off match. Devan Jonathan (#13) surrounded by her parents and Rachel Kwiatkowski (#10) with her mom and dad.
The Men's Soccer Season In Review:
With the addition of several key players and a new assistant coach in the off-season, the 2012 men's soccer team finished with a six-game win improvement and set eight new offensive records during the season. With their 7-9-1 slate, the Hawks qualified for their first-ever AMCC play-off game. And for their efforts, six members of the program were honored by the AMCC at the conclusion of the season.

The Hilbert men's soccer program earned the respect of opposing teams this fall. Jeff Panik was voted as the AMCC Coach of the Year; Rookie Mario Williams was selected as the Newcomer of the Year and was named to the 1st Team All-Conference. Freshman Jordan Lynch and sophomore transfer Jonathan Davison were named to the 2nd Team All-Conference. Junior college transfer Michael Gee and well as senior James Knapp were named to the 3rd Team All-Conference.

Hilbert started the season slowly after suffering four straight losses in early September. The Hawks then put together a string of three wins and a 1-1 tie before they dropped a 2-1 game to Medaille College. Matt Saxton scored Hilbert's only goal (in the 75th minute) and that team score put the Mavericks on notice that Hilbert was for real. After three more wins, the royal and white took a road loss at Penn State Altoona, a big win at D'Youville and two home losses against the top two remaining teams in the league standings, La Roche and Penn State Behrend. With a 5-4 league record Hilbert found themselves positioned in the 5th seed for the AMCC play-offs traveling back to Altoona. Jordan Lynch scored the College's first ever play-off goal in Hilbert's 3-1 1st round play-off loss.

Hilbert should continue to shine on the pitch in 2013 as their Top 5 scorers return next fall. Williams led the offense with 9 goals and 25 points. Following closely behind were Davison with 18 points (8 goals) and Lynch with 16 points (7 goals). Ed Minkel, who is expected to return as a super senior next fall, earned 10 points after missing the team's first six games. Saxton came on strong as the season wore on scoring four goals and assisting on one to earn 9 points.

Besides the new found offensive power in 2012, the Hawks were solid on defense protecting the frame. Knapp, senior Scott Cvetkovski and Gee were tough as nails stalling opposing team's offense. Giving quality minutes on the back line were sophomore Tyler Coniglio and senior Jon Flowers.

Senior Andy D'Amico, freshman Austin Mathis, and sophomore-transfer Ryan Leljedal provided support through the midfield.

Sharing goal tending duties were senior Paul Liedkie and junior Jeremy Kraska. Liedkie started six games and finished with a 4-2 overall record while making 38 with a 1.57 GAA. Kraska took the net the other 11 games with a 2.15 GAA and 3-7-1 record with 43 saves.

The 2012 team established new Season Records in Points (108), Goals (38), Goals Per Game (2.24), Game Winning Goals (7), Shots Attempted (292), Shots Per Game (17.18), Shots On Goal (133), SOG Per Game (7.82), Goals Against Average (1.92), Most Wins (7, 7-9-1), and Most Shutouts (3).

Davison set a new Season Record with Game Winning Goals (3); Williams with Shots Per Game (3.76), Shots On Goal (30) and SOG Per Game (1.76); Liedkie set a new standard with Most Wins (4) and Most Shutouts (2) in a season.

To say that Panik and Rick Couell are excited to start practicing again is an understatement. The coaches have redirected the soccer culture on the men's program and will challenge their returning players to continue to raise the bar and expectations for success.
The Women’s Soccer Season in Review:
The 2012 women’s soccer team continued to show signs of improvement under Kelly Starchok’s second-season leadership. The Hawks’ underclassmen gained valuable playing experiences alongside the seven seniors due to a season-ending injury to a key midfielder this season. Hilbert finished with a 2-13-1 overall record.

Seniors Nicole Blair, Maria Delmonaco, Rebecca Elensky, Amber Grosch, Jessica Morey and Katie Newton left their mark on the program through their hard work and dedication over the course of their four seasons. Crystal Errington joined the program her senior year and she provided positive leadership for the younger players.

Hilbert opened the season at the annual Potsdam Cup Tournament before classes began in September. The Hawks split their games with a first round loss to the host institution before they rebounded in the 3-0 victory over Green Mountain College. Hilbert dropped few non-conference games before they earned a solid victory over Penn State Beaver. Eleven different players grabbed points in the 11-0 win giving the Hawks a 2-4 overall record at that point.

In the 2-1 loss to Thiel, Hilbert learned to compete without junior Sarah Schmidt who suffered her season ending injury two games prior. Without the middie on the field running the offense, Hilbert’s point production fell and they finished their season without a win, scoring only 4 goals the rest of the way.

The seniors in the program will be hard to replace, but coach Starchok has a capable and talented core group of returning players. With four of the team’s Top five scorers from the 2012 season returning, the Hawks should be in good shape next season. Juniors Mary Mabon, Robbi Bailey and freshman Kaitlyn Layman combined for 26 of the team’s 53 points and Schmidt should return to the pitch after a year of rehabilitation on her knee injury.
Also netting at least one goal this year were Allyson Kelchlin (2), Nicole Blair, Maria Delmonaco, Sarah Schmidt, Megan Van Norman, Amber Bailey, Sara Wagner and Caitlyn Tauriello who each scored once.

Blair, Morey, Grosch and Delmonaco will be difficult to replace on the back end as they provided consistent defense. They not only stopped the opponent’s offensive push, but they created strong outlet passes, even jumping up into the rush every now and then. Elensky (2 assists) and Newton covered the middle of the field setting up the offense attack and Errington used her speed to get to the frame.

Freshman Erin Smith started 13 games for the Hawks in goal posting 71 saves and a .717 GAA with one shut-out. Ariana Scheidt shared time in net making 35 saves also earning one shut-out in her rookie campaign.

Coach Starchok looks forward to what the future brings to the Hilbert College women’s soccer program. She and her staff will continue to bring in exceptional student-athletes who can balance the athletic and academic demands at Hilbert College while they challenge for an AMCC championship.

Thank you seniors and best of luck as you continue to pursue your dreams after graduation.

Front row, kneeling: Coach Kelly Starchok
Second row: Coach Leah Ponticello, Amber Grosch, Rebecca Elenski, Maria Delmonaco, Jessica Morey, Nicole Blair, Crystal Errington, Katie Newton, Coach Brian Cribbs
Allegheny Mountain Collegiate Conference Fall 2012 Honorees

**Coach of the Year:**
- Jeff Panik, men's soccer
- Amanda Logue, women's volleyball

**First Team All-Conference:**
- Mario Williams (Brampton, ONT/ St. Marguerite D'Youville) freshman, soccer
- Allegra Johnson (Euclid, OH/Euclid) freshman, volleyball

**Second Team All-Conference:**
- Jordan Lynch (Brampton, ONT/ St. Marguerite D'Youville) freshman, soccer
- Jonathan Davison (Edwards, NY Edwards-Knox/LeMoyne/Potsdam) sophomore, soccer

**Third Team All-Conference:**
- James Knapp (Lockport, NY/St. Mary’s) senior, soccer
- Mike Gee (Dansville, NY Arkport/Alfred State ) junior, soccer

**Newcomer of the Year:**
- Mario Williams (Brampton, ONT/ St. Marguerite D'Youville) freshman, soccer

**All-Conference Sportsmanship Team:**
- Scott Cvetkovski (Cheektowaga, NY/Depew) senior, soccer
- Crystal Errington (Gainesville, NY Letchworth/Genesee CC) senior, soccer
- Kyle Kriegbaum (Tonawanda, NY/St. Francis/Fredonia) senior, men's cross country
- Stephanie Smith (Waterloo, NY/Waterloo) senior, women’s cross country
- Ryan Tofil (Westfield, NY Westfield / JCC) junior, golf
- Rachel Kwiatkowski (West Seneca, NY/Orchard Park) senior, volleyball
Noteworthy News:

A new addition to the varsity field!

An elevated portable press box is now positioned at mid-field.

The Public Address announcer, the score keeper and stats crew will now be able to see the playing field without any obstructions. The lower portion has drop down panels to protect workers in poor weather conditions.

The upper level will be used to video tape games.

SAAC participated in the Polar Plunge for the second year in a row. All proceeds to benefit the Special Olympics.

Women’s soccer joined in the Taking Strides Against Breast Cancer walk again for their second year.

Sue Cervi, for the Buffalo City Mission, accepted a check from the men's basketball team to feed families during the holidays.

Bob Holmes, the One Man Volleyball Team, came to campus in September and challenged any players, or teams to compete against him. The baseball team were the only athletes at Hilbert to defeat Bob.

Hilbert and Pitt-Bradford donned Pink game jersey’s to show their support for National Breast Cancer Awareness Month in October.
The 2012 Hilbert College Athletics Hall of Fame Inductees

**Shannon Bieniek ’05 of West Seneca, NY** – Recorded the most game-winning goals in the history of the women’s soccer program besides being ranked in the top three in eight different statistical categories. The economic crime investigation-computer security graduate currently works for the FBI in New York City.

**Autumn Lee-Jeffries ’07 of Buffalo, NY** – The women’s basketball program’s All Time Leading scorer is ranked in the top five in nine different statistical categories. She currently serves as a director of residential services for Autism Services, Inc. in Buffalo, NY.

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It's Not to Late......

Purchase a black Hawks Nest t-shirt, wear it to a home sporting event and sit in the HAWKS NEST. Two locations - one inside the Hafner and one rotating NEST at the outdoor fields.

Be Loud, Be Proud and Be Positive at all times in the Hawks Nest!

Don't forget that family and fans who can't make it to Hamburg to sit in the Hawks Nest can always view Hilbert College's home basketball and volleyball games streamed LIVE over the internet.

Go to: [www.ustream.tv](http://www.ustream.tv) search HilbertHawks
HILBERT COLLEGE ATHLETICS
HALL OF FAME GUIDELINES

PURPOSE

To recognize athletes, coaches and/or administrators who have made outstanding contributions to the intercollegiate athletics program at Hilbert College.

ELIGIBILITY CRITERIA

A. Athletes
   • It is suggested that the athlete graduated 5 or more years ago from the college;
   • Attended Hilbert and participated in athletics for at least 2 years
   • Demonstrated superior athletic performance and contributed to the success of the athletics program while at the college;
   • Are of worthy citizenship and a positive role model.
B. Coaches
   • Demonstrated superior competence and professionalism while at the college;
   • Are of worthy citizenship and a positive role model.
C. Administrators
   • Demonstrated superior competence and professionalism while at the college;
   • Are of worthy citizenship and a positive role model.
D. Honorary
   • Do not fit in the above categories but have made a significant contribution to Hilbert College Athletics and/or a significant impact in regional, state, national, professional, or international levels of athletics
   • May include counselors, Faculty Athletics Reps, etc.
   • Are of worthy citizenship and a positive role model

NOMINATIONS

Written nominations will be accepted by Alumni Office at Hilbert College and those nominations will be shared with the hall of fame committee at Hilbert College on an on-going basis. Nominations must be on file before the initial selection committee meeting to be considered for induction in the fall of that year. Completed nominations should include a current resume of the nominee's achievements in athletics, the profession, and civic activities. Candidates nominated for induction remain eligible for five years. Candidates must be present in order to be inducted into the Hilbert College Athletics Hall of Fame. (If deceased, a member of the family must be in attendance at the induction ceremonies)

PROCESS

Hilbert College nomination form must be completed and submitted to the Alumni Office. Person making the nomination must visit the College's website to access the nomination form, complete and return the form by August 31 each year. http://www.hilbert.edu/alumni/alumni-awards.