2012 MEN'S CROSS COUNTRY 
ALL-CONFERENCE TEAM &
AWARD WINNERS

Runner of the Year
Bill Jones, Franciscan University

Co-Newcomers of the Year
Garrett Urban, Pitt-Greensburg
Mathew McWilliam, Penn St. Behrend

Coach of the Year
Greg Cooper, Penn St. Behrend

ALL-CONFERENCE TEAM

<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Year</th>
<th>Hometown/High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bill Jones +^*</td>
<td>Franciscan University</td>
<td>SR</td>
<td>Oneida, WI/Marquette University HS</td>
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<tr>
<td>Denny Lydon ^*</td>
<td>Penn State Behrend</td>
<td>JR</td>
<td>Plum, PA/Plum</td>
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<tr>
<td>Michael Smolinski *</td>
<td>Penn State Behrend</td>
<td>JR</td>
<td>Wexford, PA/North Allegheny</td>
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<tr>
<td>Jack Kaiser ^*</td>
<td>Franciscan University</td>
<td>SR</td>
<td>Nashville, TN/Franklin Road Academy</td>
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<tr>
<td>Patrick Flanagan *</td>
<td>Franciscan University</td>
<td>SO</td>
<td>Richfield, OH/St. Ignatius</td>
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<tr>
<td>Matthew McWilliams</td>
<td>Penn State Behrend</td>
<td>FR</td>
<td>Waterford, PA/Fort LeBoeuf</td>
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<td>Andrew Mason *</td>
<td>Penn State Behrend</td>
<td>SO</td>
<td>Wilmington, DE/Concord</td>
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<td>Jacob Dean</td>
<td>Penn State Altoona</td>
<td>FR</td>
<td>Shade Gap, PA/Southern Hughtingdon</td>
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<tr>
<td>Jason Zabelsky *</td>
<td>Penn State Behrend</td>
<td>SO</td>
<td>North Huntingdon, PA/Norwin</td>
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<td>Jacob Anna</td>
<td>Penn State Altoona</td>
<td>FR</td>
<td>Slippery Rock, PA/Slippery Rock</td>
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<tr>
<td>Garrett Urban</td>
<td>Pitt-Greensburg</td>
<td>FR</td>
<td>Cranberry Twp., PA/Seneca Valley</td>
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<tr>
<td>Devin Beggs</td>
<td>Penn State Berhend</td>
<td>FR</td>
<td>Franklin, PA/Franklin</td>
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<td>Tyler Yost</td>
<td>Penn State Behrend</td>
<td>FR</td>
<td>Waterford, PA/Fort LeBoeuf</td>
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<tr>
<td>Josh Natalie</td>
<td>Penn State Behrend</td>
<td>FR</td>
<td>Erie, PA/Collegiate Academy</td>
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<tr>
<td>Michael Gotta</td>
<td>Franciscan University</td>
<td>JR</td>
<td>Steubenville, OH/Catholic Central</td>
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