Helping Teens Make the Grade

During the fall months, students must juggle both extra-curricular activities and academic demands. Some students may find it difficult to balance these two aspects of their lives. Here are a few tips for helping your child manage their time:

- **Increased Contact**
  - Encourage your child to have a set time for relaxation and healthy leisure or downtime.
  - Know the resources on campus so you can point your student in the right direction for help.
  - Encourage your student to share their feelings with others.

- **Increased Support**
  - By doing this, you are supporting them. By integrating home and school, your student will see that they are not alone.

- **Increased Interaction**
  - While some students take to their new surroundings like ducks to water, other students find it challenging. Your student may require extra help.

- **Increased Structure**
  - Many students choose a career that falls directly in line with their area of study or they may use their liberal arts education to obtain a particular skill. This means that your son or daughter is expected to make the most of this opportunity. They are going to change a great deal in the next few years.

- **Increased Autonomy**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Stress**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Finances**
  - Many of the symptoms of homesickness are similar to depression. Watch for indications that he/she is “looking” for reasons to call.

- **Increased Time Management**
  - By anticipated. You can help your student be successful in classes by knowing about and guiding them through the resources available on campus.

- **Increased Assignments**
  - In the Academic Services Center, there are career planning tools and exams, scholarships, and community service opportunities that students can take advantage of.

- **Increased Research Opportunities**
  - There are many opportunities for campus involvement. The Office of Campus Ministry has a wide variety of activities every day. This type of activity clears the mind, helping them have more focus and ability to study.

- **Increased Learning Opportunities**
  - Many students choose a career that falls directly in line with their area of study or they may use their liberal arts education to obtain a particular skill. This means that your son or daughter is expected to make the most of this opportunity. They are going to change a great deal in the next few years.

- **Increased Personal Issues**
  - What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Academic Problems**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Homelessness**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Difficulty in Transition**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Difficulty in Adjustment**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Difficulty in Retention**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Difficulty in Development**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Difficulty in Decision Making**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.

- **Increased Difficulty in Communication**
  - As students become more independent, they may become frustrated, angry, or oddly enthusiastic over some of the beliefs they have expressed in the past. They may begin to question everything. What this means for you is that they may begin to question why they are in college, what they have been doing with their time, and how they are preparing for the future.