

## The Liberal Arts

What is meant by “liberal arts” courses?

Liberal arts courses are divided into three categories: humanities; natural sciences and mathematics; and the social sciences.

**HUMANITIES:** The humanities include the following disciplines.

Art	Foreign Languages
Art History	Literature
Communication Studies	Music
Creative Studies	Philosophy
Dance	Religious Studies
English	Theater
Film Studies	

**NATURAL SCIENCES & MATHEMATICS:** This division includes the following disciplines.

Archeology	Chemistry
Astronomy	Geography
Biology	Physics
Botany	Zoology

**SOCIAL SCIENCES:** The social sciences include the following disciplines.

Criminal Justice	Political Science
Economics	Psychology
History	Rehabilitation Services
Human Services	Sociology
Law	

What practical or life skills will I gain from taking liberal arts courses?

1. **Economic skills:** These skills will assist you in both personal and professional financial dealings as well as giving you a better sense of the economic forces that affect all our lives.
2. **Historical skills:** These skills will provide you with the interpretive skills and a broader perspective with which to evaluate the significance of political events in a rapidly changing world.
3. **Aesthetic skills:** These skills will allow you to enjoy more deeply and more richly literature, art, drama, and film. These skills also provide you with the ability to view problems from a variety of perspectives and thus to be a more flexible problem solver.
4. **Math skills:** The advantage of strong math skills should be apparent, especially in an economy such as ours with so many financial variables.
5. **Communication skills:** These skills provide you with the ability to persuade others more effectively and more professionally – in essence, these skills help you get what you want from others
6. **Science literacy:** These skills not only deepen your appreciation of the complexly fascinating physical world surrounding you, but also help you make informed decisions regarding health, safety, and environmental concerns.